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# NC Outdoor Adventures



## Youth Programs: details & group rates

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VERY IMPORTANT: We suggest all customers get trip insurance, as we DO NOT offer refunds within 14 days of a scheduled trip. We highly recommend this for groups unless you are 100 confident in your ability to rebook in case of a cancellation. Please review our weather and cancellation policies located on our website.

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**Contact information:** see pictures, trips details online at [www.ncoutdooradventures.org](http://www.ncoutdooradventures.org). You can call us at (828) 260-4505 or email [ncoadventures@gmail.com](mailto:ncoadventures@gmail.com)

We pride ourselves on making our courses available to all ages and abilities. We also do our very best to make our experiences affordable. To do this we offer group size discounts. We also offer an additional discount on top of group rates called our multi-sport discount for groups booking 3 or more of the activities below.

25% of the total trip cost is due upfront to reserve your date. The remainder of the trips cost is due 10 days prior to your trip departure.

All of our land sports like climbing and rappelling take place year-round. Kayaking starts in April and tubing starts late May. Spider Lily trips are our most popular trip and must be booked well in advance for private groups. The lily trips do sell out every year and start booking out in February!

### **Intro to Rock Climbing or Rappelling**

These courses are designed for anyone who wants to experience climbing or rappelling outdoors. NCOA does have gear for smaller children! No experience is necessary. During the Intro to Climbing course you will learn basic knots, climbing techniques, safety practices and checks, as well as climbing terms and lingo needed for proper communication between climber and belayer. Then you get to climb several times on different routes. During Intro to Rappel you will learn

proper rappel technique, how to lower over edges, the third hand safety technique, types of gear and how to do a fireman's belay. You will rappel a minimum of 3 times.

**Rates:**

Groups of 6-11 is \$85

Groups 12-25 is \$75

Groups Larger than 25 should reach out to us for pricing

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If you have a group smaller than 6 accommodations can be made but prices increase to cover costs of insurance, guides and gear use etc. You can see our standard rates online at [ncoutdooradventures.org](http://ncoutdooradventures.org)

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**Cost of climbing AND rappelling**

Groups 6-11: \$140

Groups of 12+ \$130

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**Locations:** Climbing and rappelling trips take place at several locations across NC including: Pisgah National Forest's Table Rock, Green River Gameland, Crowders, Pilot and Stone Mountain State Parks. We also have permissions at Rocky Face Recreational area for large groups up to 125.

We are BSA approved mentors for climbing and rappelling! All of our lead guides hold multiple rock climbing certifications as well as wilderness first aid and CPR.

**Approved Course for Climbing BSA Merit Badge:**

This 2-day course ends with the Scouts earning the rock-climbing merit badge. Each scout Rappels a minimum of 3 times, Climbs 3 times and belays 3 times. Same location options as above.

**Rates**

group size of 6 \$190

group of 7-11 \$180

groups of 12-19 is \$170

Group of 20 \$160

**IMPORTANT NOTES ABOUT ROCK CLIMBING/RAPPELLING:** All State Parks have a group size limit of 12, Pisgah National Forest's group size limit is 25 and Rocky Face Recreational Area allows for large groups up to 125 with advance notice. Permits for state parks should be turned in with a minimum 2 weeks' notice. If you have groups larger than 12 (or 25 for Pisgah) most parks allow us to split the groups while ½ the group climbs/rappels while the other

½ of the group hikes. If you do not want to split your group Rocky Face Recreational Area is the best location.

**Girl Scout climbing guidelines:** Older Scouts can climb and rappel at any locations we offer including Pilot, Stone, Crowders, Rocky Face and Pisgah National Forest. Brownies are able to rock climb (not old enough to rappel) at the Rocky Face Recreational area only. The reason is because there is no hike in, no access to cliff ledges and bathrooms are on site. Please note Rocky Face is south facing and has NO shade. Climbing is best done at this location in Spring, Fall and Winter.

## **River Tubing and flatwater kayaking**

Looking for river tubing in the Blue Ridge mountains? Do you like the No CROWDS VIBE? Then you should book this rural river adventure with NCOA! Book today and choose from double tubes, single tubes, child tubes, cooler tubes or even book our 4 person quad river tube. A variety you will only find when booking with NC Outdoor Adventures ! This is a one of a kind outdoor recreation experience that makes social distancing easy peasy!

Offering family tubing on the Toe River in Bakersville/Green Mountain, NC, located 40 minutes outside of Asheville and approximately 2.5 hours outside of Charlotte. Trip includes shuttle service to your put in and pick up locations.

The Toe River is one of the USA's last free flowing rivers and is also a world class trout stream. We boast views of the Blue Ridge Mountains with NO CROWDS bringing a unique outdoor recreation experience to see wildlife including eagles, osprey, deer and perhaps even a hellbender! Seasonally you can see the monarch butterfly migration and rhododendron blooms along the river's banks in WNC.

**When:** Kayaking begins in April. Tubing starts May 30th 2022: Takes place hourly from 10am-3pm. Trips meet at NC Outdoors Adventure's Toe River Outpost at 1173 Whitson Branch Rd. Baskerville, NC 28705. Call for custom time and trip inquiries.

**Who:** Small child friendly (3+ years old)! Kids 5 and under must be on a parent's lap, or upgrade to a double tube and enjoy your float lap child free! All ages welcome. If you cannot swim no problem! Request a Personal Flotation Device (PFD)! All children under 13 must be in a PFD, shoes are required on all guests and flip flops are not recommended and will wash off your feet! All participants under the age of 18 must be accompanied by an adult!

Any items you need like water, sunscreen, bug spray, water shoes, dry bags and Chums to hold glasses on your face can be purchased at our Outpost.

**Cost:** Includes PFD and shuttle

Child ages 3-5 are free and must ride in parent's lap

Float time is 2-4 hours and depends on water levels and if you are kayaking or tubing.

The following rates are our standard rates. Group rates start for group sizes 20+. Please call with your group size and tube or kayak choice for exact group pricing.

We also have a one-way shuttle option with a short walk from the river outpost to the tubing location. This option will save you \$5 per person.

### **Rates**

Single tube \$25

Child Tube \$20

Double tubes \$55

Quad Tube \$128

Kayak \$58

Cooler tube: \$16

Child under 5 (lap child) Free

## **Boulder Garden and Bamboo Forest Kayak Trip** **(minimum group size of 6 for discounts on whitewater trips)**

Come visit the Blue Ridge Mountains and float the picturesque and historic Toe River in Spruce Pine NC. This is a three hour paddle with some whitewater. Great beginner trip, no experience needed, our guides will teach you what you need to know!

This river boasts a serene mountain atmosphere with no crowds, an abundance of wildlife, farms, rolling hills and beautiful wild flowers! Large Boulders pop out of the crystal clear waters and make for a great place to dock the boats and explore a bit with your guide. Guests enjoy exploring boulders and the jumping rock near the end of the trip as well as the swimming hole at the last rapid. This is a one-of-a-kind kayaking experience with several class two rapids and one class III depending on water levels. Higher water can be expected in the Spring with lower waters during the summer

### **Cost \$65**

If you have a child less than 80lbs they need to be added to the boat of an adult that cost is \$48. Youths between 80-100 pounds need to specify booking a youth kayak and guardian must be confident of child's ability to paddle the entire duration of the trip. If you are not sure it is best to put the child in a boat with an adult or capable partner.

Please note if you have a group smaller than 6 the cost will be \$78. All Whitewater Kayak trips include guides, shuttle, boat, paddles, helmets and PFD.

Note: We use inflatable kayaks. They are very forgiving and very hard to flip over making them the perfect boat for beginner whitewater paddles.

## **Toe Gorge whitewater trip**

Same pricing, group size requirements and river as above

A whitewater trip for ages 12+. Some paddle experience needed. This trip last 3-4 hours and also takes place on the Toe River in Bakersville NC. It features a mile long class II rapid and a huge swimming hole near the end of your trip. The trip takes out by the NCOA river outpost and features one of the areas last working hanging wood suspension bridge.

Note: during the spring and summer you can see the rhododendron blooming along the banks of the river. Early-late summer you can also see the monarch butterfly migration through our part of the mountains!

## **Spider Lily Paddle**

**\*\*Blooming only happens once a year from May to June!** LIMITED AVAILABILITY! Trips WILL sell out so you should book these months in advance if you want to experience this trip!

Join us on a paddle trip through a maze of white spider lilies! Trip takes place at Landsford Canal State Park. This area is home to one of the largest populations of rocky shoals spider lilies in the world. This large plant has adapted to live in a very harsh environment and puts on one of the greatest natural "shows" on the east coast. During their peak bloom from about mid-May to mid-June, these plants cover the river in a blanket of white. You get the opportunity to paddle through a maze of flowers!

**Note these trips can only take place on weekends due to Duke Powers Dam schedule.**

Please note to get out of your boat you will need to be able to walk up a bank. The lilies grow on the shoals of the Catawba River. Shoals are very shallow rocky areas. Please expect to have to navigate around rocks and the occasional scoot to get off a rock. A certain amount of physical fitness is required.

NCOA boats include guides, boats, paddle, life jackets and boat drop/pickup and shuttle if needed. After boating you can enjoy a short hike through the Canal trail to take in a ton of pre railroad history. This short easy trail takes you back to the parking lot. If you do not want to hike back you can ask your guide for a ride back to the parking lot.

### **Cost:**

\$58 to add a child under 70 lbs is \$40

Cost guide and all gear including boat, paddles and personal flotation devices (also known as a life jacket or PFD) and shuttle back to the parking lot.

Children (age 5 and up) welcome. Anyone under 70 pounds must be in boat with parent/guardian. Youths 71-100 pounds must book a youth kayak but parents must be confident in the ability of the child to paddle the duration of the trip.

Note weight in boats for this trip must remain below 250 lbs because the lilies grow on shoals (shallow areas).

For park info check out <http://www.southcarolinaparks.com/landsfordcanal/landsfordcanal-unique.aspx>

*Guides appreciate tips.*

***TRIP INSURANCE HIGHLY RECOMMENDED FOR THIS TRIP!!!!***

IMPORTANT NOTE: THERE IS A \$5 PER PERSON CASH PARK FEE AT THE GATE. MAKE SURE TO BRING \$5 CASH!

## **River Snorkel and Ecology Programs**

Join our guides as put the health of our rivers and streams to the test in Mitchell County. We will search for critters beneath the surface with snorkels and kick nets. They will be caught, identified and released. The number of creatures we identify helps to determine the health of our water ways.

**Cost:** \$28

## **Overnight Wilderness Adventurer Program** (created for scout merit badges)

Outdoor Adventurer Overnight Camping Program For all ages. Guests will learn basic wilderness survival techniques, fire starting, plant and snake identification, hiking essentials, how to pitch a tent and much more. For older Scouts we can add in more instruction on first aid, orienteering and backpacking in place of hiking essentials.

Trip locations vary across NC, SC and TN

**Cost:** \$98 Cost quoted for a minimum group size of 12, if you have a smaller group we can still do it but would need to re-work cost dependent on group size. Cost is per person and includes leaders/chaperones. Price includes: permits, insurance, 2 days of instruction and 2 guides, dinner, breakfast, learning materials for the weekend's information and badge requirements.

Itinerary can be discussed as well as locations.